

North American French Cookbooks – a short bibliography  
Compiled by James P. LaLone

Back in 1985 I did a short bibliography on Acadian/Cajun cookbooks for the journal (MHH v.6, #4, Oct. 1985). Since then over the years I have continued to collect various cookbooks dealing with Acadian, Cajun including Creole, and French-Canadian cooking.

This list makes no pretensions of being complete but is a good starting place to sample the cuisine that our ancestors brought over from France and/or developed here using the local ingredients.

I hope the following list will provide those of you who love to cook some new recipes (both traditional & contemporary) but also to reintroduce some traditional meals back into your home. Check out your local library for older out-of-print books, if they do not have them try the inter-library loan system. Check used bookstores if you want your own copy or check online.

Armstrong, Julian – A Taste of Quebec, Macmillan of Canada, Toronto, 1990

Asselin, E. Donald – A French-Canadian Cookbook, Hurtig Pub., Edmonton, 1975 5<sup>th</sup> ptg.

Barker, Alex – The Best of Cajun & Creole Cooking, Gramercy Books, New York City, 2003

Barrett, Wayne – Acadian Pictorial Cookbook, Nimbus Pub. Ltd., Halifax, N.S., 1991

Benoit, Jehane – L'Encyclopédie de la Cuisine de Jehane Benoit, Editions du Renouveau Pedagogique Inc., 1991. In French.

Benoit, Jehane – Madame Benoit Cooks at Home, McGraw-Hill Ryerson, Ltd., Toronto, 1978

Clark, Morton G. – French-American Cooking From New Orleans to Quebec, Funk & Wagnalls, New York City, 1967

Clegg, Holly Berkowitz – From a Louisiana Kitchen, Memphis, TN, 1983 2<sup>nd</sup> ptg.

Corbett, Lucy & Sidney – French Cooking in Old Detroit Since 1701, Wayne University Pr., Detroit, MI, 1951

Couillard, Suzette & Roseline Normand – Forgotten Recipes of Traditional Quebec, Diffusion Suzette Cuillard, Inc., Montmagny, Qc, 1982

Staff Home Economists of the Culinary Arts Institute, The New Orleans Cookbook, Culinary Arts Institute, Chicago, 1954 ptg.

Duprey, Diane V. & Nora O. – Je Me Souvins... La Cuisine de ma Grandmère, American French Genealogical Society, Pawtucket, R.I, nd.

Eustice, Sally – History from the Hearth: A Colonial Michilimackinac Cookbook, Mackinac State Historic Parks, Mackinac Island, MI, 1997

- Folse, John D. – The Evolution of Cajun & Creole Cuisine, Chef John Folse & Co., Inc., Donaldsonville, LA, 1990
- Food Advisory Division – Food – à la Canadienne. Minister of Supply & Services, Ottawa, 1976 repr. Bilingual.
- G & R Pub. Co. – Cajun Cuisine of the Bayou, Waverly, IA, 1993
- Gougeon, Helen – Helen Gougeon's Original Canadian Cookbook, Tundra Books, Montreal/Collins Pub., Toronto, 1978 3<sup>rd</sup> ptg.
- Guste, Roy F. Jr. – Antoine's Restaurant Since 1840 Cookbook, W.W. Norton & Co., New York City, 1980
- Johnson, Phil, editor – New Orleans Chefs Cookbook, Pelican Pub. Co., Gretna, LA, 1988
- Junior League of Baton Rouge, Inc., - River Road Recipes, Baton Rouge, 1976 40<sup>th</sup> ptg.
- Kaufman, William I. & Sr. Mary Ursula Cooper, O.P. – The Art of Creole Cookery, Doubleday & Co., Garden City, NY, 1963
- Lafrance, Marc & Yvon Desloges – A Taste of History, the Origins of Québec's Gastronomy, Les Éditions de la Chenelière, bilingual, 1989
- L'Institut de Tourisme et d'Hôtellerie du Québec – Cuisine Traditionnelle des Régions du Québec, Gouvernement du Québec, 1996. In French
- Millang, Theresa – The Best of Cajun-Creole Recipes, Adventure Publications, Inc., Cambridge, MN, 1992
- Mongrain-Dontigny, Micheline – Traditional Quebec Cooking: a Treasure of Heirloom Recipes, Les Editions La Bonne Recette, Montreal, 1995
- Picard, Martin – Au Pied de Cochon: the Album. Douglas & McIntyre. Vancouver,, CAN, 2008.
- Prudhomme, Paul – Chef Paul Prudhomme's Louisiana Tastes: Exciting Flavors from the State That Cooks, William Morrow & Co., New York City, 2000
- Prudhomme, Paul, et al. - The Prudhomme Family Cookbook, Old-Time Louisiana Recipes by the Eleven Prudhomme Brothers and Sisters and Chef Paul Prudhomme, William Morrow & Co., Inc., New York City, 1987
- Robotti, Frances D. & Peter J. – French Cooking in the New World: Louisiana Creole and French-Canadian Cuisine, Doubleday & Co., Garden City, NY, 1967
- Simón, Donna – Good Time Eatin' in Cajun Country: Cajun Vegetarian Cooking, Book Pub. Co., Summertown, TN, 1995
- Snow, Constance – Williams-Sonoma New Orleans. Authentic Recipes Celebrating the Foods of the World, Oxmoor House, Menlo Park, CA, 2005
- Theriot, Jude – Cajun Healthy, Pelican Pub. Co., Gretna, LA 1995

Theriot, Jude – Cajun Quick, Pelican Pub. Co., Gretna, LA 1992

Theriot, Jude – La Cuisine Cajun, Pelican Pub. Co., Gretna, LA 1990

Vidrine, Mercedes – *Quelque Chose Douce avec une Demi-Tasse* (Something Sweet with a Cup of Coffee): Unusual Acadian Recipes for the Sweet Tooth, Claitor's Publishing Division, Baton Rouge, LA, 1970 4<sup>th</sup> ptg.

Vidrine, Mercedes – *Quelque Chose Piquante: Acadian Meat and Fish Recipes*, Claitor's Publishing Division, Baton Rouge, LA, 1973 5<sup>th</sup> ptg.